

CredibleMind

FOR IMMEDIATE RELEASE: January 6, 2025 Contact: Myra Stoney, Health Director (308) 345-4223

## Southwest Nebraska Public Health Department Announces Partnership with Credible Mind

Southwest Nebraska Public Health Department (SWNPHD) today announces its commercial partnership with Credible Mind, an intuitive online platform offering localized, wellness-oriented content that enables employees, insurers, healthcare providers, and community organizations to provide personalized mental health resources.

"This partnership will make Credible Mind an accessible digital resource to more than 38,000 community members," explained Myra Stoney, Health Director at SWNPHD. "Our goal is to expand access to convenient and confidential mental wellbeing resources for our communities."

Founded in 2018 by Deryk Van Brunt and Marcos Athanasoulis, Credible Mind provides a complete population-based mental health ecosystem, including analytics reporting on service needs, use, and outcomes. Focusing on early intervention and prevention of mental health issues, Credible Mind contains over 10,000 evidence-based and science-backed resources to provide users with credible self-care options to improve their overall wellbeing.

Using the Credible Mind platform, residents of Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Perkins, Keith, and Red Willow counties will receive 24/7 access to mental health resources, personalized to their needs.

"We are facing a mental health crisis in our country and the demand for mental health services is higher than ever," said Deryk Van Brunt, CEO of Credible Mind. "We are thrilled to partner with Southwest Nebraska Public Health Department and provide on-demand, reliable self-care, and mental health resources to help its community members improve their overall wellbeing and flourish."

To sign up visit <u>swhealth.crediblemind.com</u> or call SWNPHD at 308-345-4223 for more information. Southwest Nebraska Public Health Department serves Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock, Keith, Perkins, and Red Willow counties. You can follow us on Facebook, Instagram, You Tube, or view the website at swhealth.ne.gov which contains many resources and information to prevent disease, promote and protect health.

## About CredibleMind

CredibleMind enables payers, public health departments, employers, insurers, healthcare providers, and community organizations to provide their constituents with a comprehensive

and holistic ecosystem for the prevention and early intervention of mental illness. Complete with assessments, education, and interventions that empower users to engage in mental wellbeing, each customized platform offers connections to local community resources and population-level analytics. For more information visit <u>www.crediblemind.com</u>.